Plan for Older Drivers’ Safety (PODS)

**Step 1: Screening and Observation**
- Medical condition of concern?
- Symptoms on review of systems?
- Current/former driver? Wants to drive?
- Driving incidents or changes in the past 5 years?
- Older adult/caregiver concerns?

**Not At Risk:** Minimal to No Positive Risk Factors Identified
Discuss transportation plans and health maintenance

**At Risk:** Positive Risk Factors Identified

**Step 2: Use Clinical Assessment of Driving Related Skills (CADreS) to Identify Impairments and Seek Remediation**

- General: Driving History, IADLs Questionnaire, Medication Change
- Vision: Fields, Acuity, Contrast
- Cognitive: MoCA, Trails B, Clock Drawing, Maze
- Motor/Sensory: Range of Motion, Proprioception, Get Up and Go, Rapid Pace Walk

**Step 3: Analysis of Screen and CADreS**

- Not At Risk
- At Risk

**Step 4: Driving Deficit Results**

- Driving Deficit Identified
- No Significant Driving Deficit Identified: Fit To Drive
- Cessation of Driving: Counsel on Alternative Modes of Transportation; Call for Family Meeting
- No Driving Yet: Refer for Recovery Plan to Revisit Driving Repeat Step 3

**Clinical Specialist Evaluation and Intervention***
- Medical Conditions Uncompensated or In Recovery Phase
- Medical Conditions Optimized

**Driving Rehabilitation Specialist Evaluation**
- Rehab/Intervention Needed: Refer to a Specialist
- Vehicle Adaptation/Training Needed: Refer to Available Resources

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**IADLs** Instrumental Activities of Daily Living
**MoCA** Montreal Cognitive Assessment

Pathway step may be repeated if progressive assessment necessary
* Clinical specialists may include medicine, nursing, rehabilitation, pharmacy and social work, or others, depending on the clinical setting

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Time Lapse